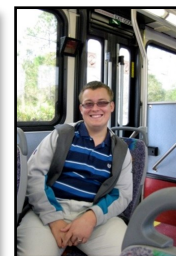
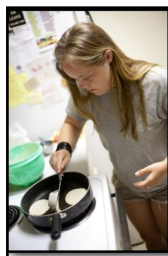
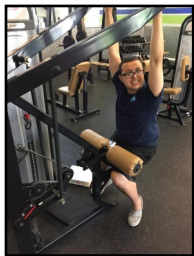


Summer LIFE Experience

Living Independently; Finding Enrichment



The mission of the Summer LIFE Experience program is to allow parents and individuals with developmental disabilities to discover the possibilities of living independently.

Summer LIFE Experience is a four-week residential program for young adults, 18 years of age or older, with developmental disabilities in a 4/4 apartment setting with peer mentor support person.

Participants obtain a “sneak preview” and crash course on living independently by:

- Receiving individualized support with a 1:5 staff to participant ratio
- Receiving customized training
- Developing friendships
- Enhancing decision-making skills

Summer LIFE Experience Program offers:

- **Social Emotional Skills:** Participants learn about team-building, social etiquette, conversation skills, personal boundaries, expressing and identifying emotions, nonverbal communication and stress management.
- **Leisure:** Participants learn how to occupy free time, plan social events, enhance time management skills, explore interests, develop hobbies and explore the community.
- **Daily Living Skills:** Participants learn about cooking, chores, medication management, hygiene seminars, budgeting, sewing, safety/emergency training, how to do household repairs, transportation training and decision-making.

Session 1

June 5, 2022 – July 1, 2022

Session 2

July 3, 2022– July 29, 2022

Cost:

\$4,300/four week session, all inclusive (food, housing, transportation, etc.)
CDC+/MedWaiver Accepted

For more information:

Scan the QR code

Call: 904.620.3890

Email: LIFE@arcjacksonville.org

Visit: www.arcjacksonville.org

